

Trans and Gender Questioning Individuals

Understand and act with confidence using the glossary below

Cisgender	A person whose gender identity, expression and biological sex align (e.g. girl, woman, feminine and female). In other words, it describes people who do not identify as trans.
Gender	One's sense of being a boy, a girl, neither or both. The way a person feels about themselves, their bodies, their behaviour and where they 'fit' as a boy/man, girl/woman, trans or other. Gender is part of one's gender identity .
Intersex	Someone born with ambiguous genitalia i.e. primary and later secondary sex characteristics are indeterminate as either exclusively male or female. Its causes can be hormonal, genetic or physical. Most intersex people choose to present as either male or female.
LGBT+	Acronym for lesbian, gay, bisexual, trans people, plus those who do not identify with these adjectives but identify as neither heterosexual nor cisgender.
Non-binary	An umbrella term for a person who does not identify as only male or only female, or who may identify as both, sometimes alternately described as gender variant .
Queer	Queer is an umbrella term used by some to define themselves as neither heterosexual nor cisgender. Recognising the 'political charge' inherent within 'queer' and its potential for offence, in accordance with the Department for Education and Criminal Justice System, EACH uses the other terms explained in this glossary.
Questioning	Someone within a process of exploration regarding their sexual orientation, gender identity or both.
Sex	The biological or physiological features used to define someone as male or female.
Sexual orientation	Legislative term used to describe how an individual chooses to identify their sexuality as lesbian, gay, bisexual or heterosexual.
Sexuality	The combination of emotional, sexual and physical attraction to someone of the opposite, same or either sex depending on that individual's sexual orientation.
Stereotype	A commonly-held belief about a group of people that is fixed and over simplified. Stereotypes invariably caricature and are rarely constructive.
Trans / Transgender	An umbrella term for people who identify with a gender other than that assigned at birth.
Transphobia	A resentment or fear of trans or gender-questioning people.

Adapted from “*That's So Gay! Challenging Homophobic Bullying*” – Jonathan Charlesworth M.Ed. © 2015